

Moulton Primary School Menu

£67.20 this term - £10.50 per week or £2.10 per day - Payable in advance via ParentMail

Week 1: Thursday 6th - Friday 7th September 2018 - £10.50 this week

Week 5: Monday 1st – Friday 5th October 2018 - £10.50 this week



Weeks 1 & 5	Monday	Tuesday	Wednesday	Thursday	Friday
Main dish	Midly Spiced Chicken Fajitas with Wholemeal Rice	Deep Pan Cheese & Tomato Pizza with Herbie Diced Potatoes	Locally sourced Pork Sausages with Crunchy Roast Potatoes, Mini Yorkshire Pudding and Rich Gravy	Beef Meatballs in a Homemade Rich Tomato Sauce with Fusilli Pasta	Cod Fish Fingers with Seasoned Potato Wedges
Vegetables	Juicy Sweetcorn	Mixed Green Salad	Seasonal Vegetables	Peas	Branston Baked Beans
Desserts	Homemade Iced Cake	Homemade Chocolate Sauce & Vanilla Ice Cream	Freshly Prepared Fruit Platter	Homemade Shortcake, Chocolate or Plain	Chocolate Cornflake Crunchie Cakes
Daily:	Selection of fresh fruit and yoghurts, wholemeal bread and chilled water				



**A Vegetarian alternative is available for the advertised meal.
ie: Veggie Burger, Quorn Sausage, Quorn Mince and Quorn Roast**

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Week 2: Monday 10th - Friday 14th September 2018 - £10.50 this week

Week 6: Monday 8th – Friday 12th October 2018 - £10.50 this week



Weeks 2 & 6	Monday	Tuesday	Wednesday	Thursday	Friday
Main dish	Homemade Creamy Macaroni Cheese or Sweet Tomato Sauce with Penne Pasta	Homemade Bolognese Sauce with ½ Jacket Potato	Fresh Diced Chicken in Rich Gravy with Crispy Roast Potatoes and Mini Yorkshire Pudding	Crispy Breaded Fish Cakes or Breaded Fish Stars with New Potatoes	Crispy Chicken Fillets with Seasoned Wedges
Vegetables	Seasonal Mixed Vegetables	Fancy Peas	Seasonal Vegetables	Crunchy Carrots	Juicy Sweetcorn
Desserts	Homemade Chewy Gingerbread Cookies	Strawberry Chocolate or Raspberry Mousse	Homemade Golden Oaty Cookies	Homemade Steamed Syrup Sponge with Creamy Custard	Homemade Low Fat Brownies. The Healthier Option!
Daily:	Selection of fresh fruit and yoghurts, wholemeal bread and chilled water				



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Week 3: Monday 17th - Friday 21st September 2018 - £10.50 this week

Week 7: Monday 15th – Friday 19th October 2018 - £10.50 this week



Weeks 3 & 7	Monday	Tuesday	Wednesday	Thursday	Friday
Main dish	Mildly Spiced Creamy Chicken Korma with Long Grain Rice & Naan Bread	Homemade Carbonara with Crispy Bacon or Rich Tomato Sauce with Penne Pasta	Locally Sourced Diced Beef in a Rich Gravy with Crispy Roast Potatoes & Mini Yorkshire Puddings	Homemade Shepherd's Pie	Chicken Burger in Crunchy Breadcrumbs with Herbie Diced Potatoes
Vegetables	Cherry Tomatoes & Cucumber	Broccoli Florets	Seasonal Vegetables	Sliced Carrots & Fancy Peas	Branston Baked Beans
Desserts	Homemade Sponge Cake with Vanilla Butter Icing	Strawberry or Lime Jelly	Homemade Buttery Cherry or Chocolate Shortbread	Fruity Cocktail	Crunchy Fruity or Plain Flapjack. Healthier Option!
Daily:	Selection of fresh fruit and yoghurts, wholemeal bread and chilled water				



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Week 4: Monday 24th - Friday 28th September 2018 - £10.50 this week



Week 4	Monday	Tuesday	Wednesday	Thursday	Friday
Main dish	Crunchy Sweet & Sour Sauce with Chicken & Rice	Hot Dog in a Floury Bun with Herbie Diced Potatoes	Homemade Chicken Pie with Pastry Rounds & Roast Potatoes	Homemade Lasagne with Crunchy Garlic Bread	Cod Fish Fingers with Seasoned Wedges
Vegetables	Cherry Tomatoes & Crunchy Cucumber	Spaghetti Hoops	Seasonal Vegetables	Crunchy Mixed Salad	Branston Baked Beans
Desserts	Homemade Selection of Delicious Cakes	Maple Syrup or Sprinkles with Vanilla Ice Cream	Freshly Prepared Fruit Platter	Homemade Banana Cake	Crunchy Chocolate Cornflake Cakes
Daily:	Selection of fresh fruit and yoghurts, wholemeal bread and chilled water				



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